



A Handbook for Students

THE MIGHTY LYNX

**GLENDALE MIDDLE
SCHOOL**



**Excellence and Equity: every student,
every classroom, every day**



**WE ARE RESPECTFUL, RESPONSIBLE,
SAFE, AND KIND**



WHO ARE WE?

MESSAGE FROM TEACHERS AND ADMIN

The middle school years are exciting years as they are a time of great physical, emotional, and cognitive growth. You will be amazed at the rapid changes that happen in the next few years.

At Glendale, our goal is to support you through these exciting years. Our faculty is very knowledgeable of the unique needs of your age group and work hard to meet your needs. We have many resources at Glendale to help you succeed. Please remember YOU are in charge of your education and we will do anything to help you reach your goals.

GLENDALE MIDDLE SCHOOL

Welcome to Glendale Middle School! We are home to one of the most culturally and linguistically diverse student populations in the state of Utah. Our school serves students from all over the world, many of whom recently arrived to the United States.

WE PREPARE YOU FOR HIGH SCHOOL

We have two big goals:

- 1) To make sure you are safe, happy, and learning the middle school core curriculum
- 2) To help you acquire the skills to be successful in high school

GET INVOLVED

AFTER SCHOOL SPORTS

WHY DO STUDENTS PARTICIPATE IN SPORTS?

- 1) Improved health and fitness
- 2) Kids in sports usually do better in academics.
- 3) Improved socio-emotional mental health.
- 4) You make new friends!
- 5) To have FUN!!



Tryout for our soccer, basketball, track, cheerleading or volleyball teams! We want more students to participate in after-school sports!

AFTER SCHOOL CLUBS

There's an after school club/activity for every student here at Glendale Middle!
From Anime Club to Makeup Club to Interior Design to Outdoor Recreation Club and many more!



THEATER & MUSIC

Did you know that students who study music tend to have larger vocabularies and more advanced reading skills than peers who don't participate in music studies? Music classes help students work better in teams and have enhanced critical thinking skills! Talk to your counselor or Mrs. Workman to get signed up.



Glendale has a very musically talented community and student population! Our school is proud to offer a robust array of musical classes including band, orchestra, piano, choir and theatre (the photo above is from our musical, Shrek, in 2019).

HOW TO GET HELP

SOLVING PROBLEMS WITHOUT FIGHTING

Middle school is a time when students might have disagreements with friends. It is very normal. There are many ways to solve problems:

- Talk to your teacher, the counselors, the principals or any trusted adult.
- Request a peer mediation

Solving problems by fighting is not the answer, nor is it acceptable at Glendale Middle, on or off campus.

There are consequences if you fight at school. You will be suspended with a peer mediation and a parent meeting.

If you witness a fight, **be an upstander and tell an adult to help.**

Do not film the fight. You will receive the same consequences as the fighters.

Counseling support with Ana Martinez, Veronique Markewitz, Jerly Alcala-Gomez

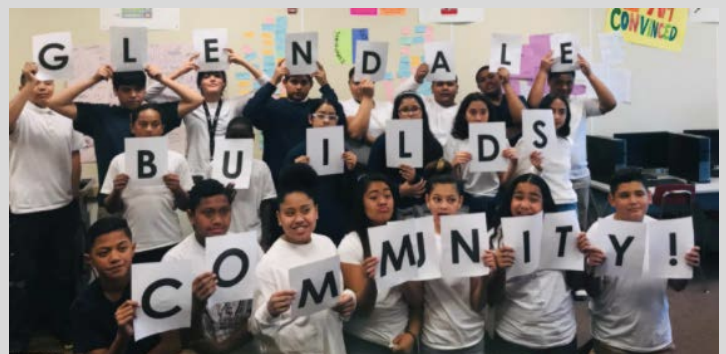
How to see a counselor:

- (1) Fill out appointment request form in the front office;
- (2) Drop off in counseling box;
- (3) Wait patiently! A counselor will be in contact with you during the school day.

Glendale Middle School Counseling Student Appointment Request		
Name: _____	Grade: _____	Date: _____
Reason for visit:		
<input type="radio"/> Scheduling/Academic Concern		
<input type="radio"/> Friendship Challenges		
<input type="radio"/> Report an Incident		
<input type="radio"/> Individual Counseling		
<input type="radio"/> Family Support		
<input type="radio"/> Other: _____		
Which counselor would you like to see:		
<input type="radio"/> Ms. Bell		
<input type="radio"/> Mrs. <u>Markewitz</u>		
<input type="radio"/> Ms. Alcala-Gomez		
<input type="radio"/> Dane (Peer Mediation)		
<small>Submit form to the front office. A counselor will be in contact with you within the school day.</small>		

If you need help with a class **the first person you contact is your teacher.** They are here to help and they want students to come to them directly to ask for help. Often times, teachers will even do after-school tutoring. Counselors can also help you reach your academic goals by providing individual counseling to students.

WE ARE HERE TO SUPPORT YOU!



The Counseling Team Is Here To Help:

Jerly Alcala-Gomez (7th), Veronique Markewitz (8th), Ana Martinez (6th), Dane Hess, Zoe Buroojy.

Some Counseling For Everyone:

- Social-emotional and college & career development lessons in advisory;
- Individual planning with your grade level counselor;
- Daily access to your counselor with an note or appointment.

A Little Extra Counseling For Some:

- One-on-one mental health counseling;
- Small group counseling;
- Stress-reducing activities (with student advocates);
- Peer mediation (with Dane).



Talk to your grade level counselor to get extra support for stress management, conflict resolution, study skills or academic support, help with clothing, food, or housing needs, and anything that you feel would help you be successful in school. Counselors will be doing a survey in advisory the first few days of school. Make sure to tell us anything in the survey that you could use extra help with.

GET HERE EVERYDAY

ATTENDANCE

Regular school attendance is one of the most powerful ways you can prepare yourself for success—both in school and in life. When you make school attendance a priority, you get better grades, develop healthy life habits, avoid dangerous behavior and have a better chance of graduating from high school.

When students attend school every day, their grades and reading skills often improve—even among those students who are struggling in school. Students who attend school regularly also feel more connected to their community, develop important social skills and friendships, and are significantly more likely to graduate from high school, setting them up for a strong future.

**LET'S DO THIS
THING CALLED
CLASS**

HOW IMPORTANT IS ATTENDANCE?

Students who are frequently absent and tardy in middle school:

- Do NOT graduate from high school because of lower grades and test scores;
- Have higher rates of suspension and more discipline referrals;
- Have attendance and tardy problems when entering the workforce.

Students who graduate high school:

- Make \$10,000 more a year than the average high school dropout.

Students who graduate college:

- Make \$17,500 more a year than a high school graduate; and \$1,000,000 more over their lifetime.



FOLLOW THE RULES

GLENDALE

MIDDLE SCHOOL



In the **OFFICE** students are...

RESPECTFUL

Use a quiet voice
Respect privacy

RESPONSIBLE

Come with a note

SAFE

Keep your hands, feet, and other objects to self

KIND

Say please and thank you

GLENDALE

MIDDLE SCHOOL



In the **OUTSIDE** students are...

RESPECTFUL

Take turns with equipment

RESPONSIBLE

Come in when whistle is blown

SAFE

Keep your hands, feet, and other objects to self

KIND

Include others
Help others

GLENDALE

MIDDLE SCHOOL



In the **CAFETERIA** students are...

RESPECTFUL

Follow directions the first time
Everyone cleans

RESPONSIBLE

Get your meal
Go outside when done eating

SAFE

Keep your hands, feet, and other objects to self

KIND

Say please and thank you

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MIDDLE SCHOOL



In the **HALLWAY** students are...

RESPECTFUL

Quiet voices

RESPONSIBLE

Walk with purpose
Be prepared

SAFE

Walk with purpose
Keep hands, feet, and other objects to self

KIND

Help others

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MIDDLE SCHOOL



In the **BATHROOM** students are...

RESPECTFUL

Respect privacy

RESPONSIBLE

Go, flush, wash, return to class

SAFE

Keep your hands, feet, and other objects to self

KIND

Keep water in sinks
Put trash in garbage

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In the **AUDITORIUM** students are...

RESPECTFUL

Applaud and cheer when appropriate
Follow directions the first time

RESPONSIBLE

Use appropriate listening skills

SAFE

Keep your hands, feet, and other objects to self

KIND

Stay in your seat

CONSEQUENCES FOR SERIOUS MISTAKES

We all make mistakes and every action has a consequence. Our job as educators is to help you learn positive behaviors and problem-solving techniques. And as we say, it is not about the mistake you make, it is about how you move forward and recover from the mistake. **Listed below are consequences for major offenses if you choose to make poor choices:**

Fighting in school or in the community / instigating the fighters to fight / filming a fight:

Suspension with peer mediation and a parent meeting.

****You could also receive a citation from Officer Swift*

Sluffing Classes

After school detention and a parent phone call.

Destroying Property and Vandalism (graffiti, bathroom, technology or anything owned by Glendale Middle)

You will be charged for the damage and the time it takes the custodians to fix it OR you will work at the school, after school, to pay off your debts.

****You could also receive a citation from Officer Swift.*

Weapon Possession

Mandatory safe school hearing.

****You could also receive a citation from Officer Swift.*

Drug and Alcohol Possession

Suspension, automatic Insight referral(counseling classes with your parents).

****You could also receive a citation from Officer Swift.*

Bullying and Harassment

We are KIND and RESPECTFUL of everyone at Glendale, regardless of race, religion, sexual orientation, or gender. If you are harassing or bullying another student, there are consequences at the school and district level including after school detention, suspension, parent meetings and possible district meetings.

If you feel bullied or harassed, or if you see anyone being bullied or harassed and do not feel comfortable saying anything to the person who is bullying, talk to a principal, someone from the Front Office, or any teacher in the building. OR use the SAFE UT App.

YOU ALL BELONG HERE!
WE ARE THE MIGHTY LYNX!

TARDY POLICY



Glendale Middle School
would like to remind students
TO BE ON TIME!

For students that are tardy
to class or late to school:

FIRST TARDY
Warning

SECOND TARDY
Lunch Detention

THIRD TARDY
Parent Meeting and Student Contract

EACH ADDITIONAL TARDY
AFTER FOUR
One Hour After School Detention

UNIFORM AND PERSONAL ITEMS



Glendale Middle School Dress Code 2022-2023

Guidelines	DON'Ts	DO's
<p>Shirts/Tops - Halter tops, tank tops, backless tops, tops with no straps, or cropped tops or that show the body are prohibited. No deep V-neck tops. No see-through clothing without proper dress code underneath.</p> <p>Inappropriate slogans, Etc. – No clothing depicting disrespect towards any race, culture, religion, gender. No profanity, violence, suggestive or sexual remarks, gang-affiliation or promotes the use of alcohol or drugs.</p>		
<p>Shorts/Jeans – Shorts/dresses must not be shorter than 3" above the knee. Ripped jeans above the knee not permitted. All bottoms must be worn at the waist, sagging pants is prohibited.</p> <p>*** Inappropriate Guidelines applies to ALL clothing items</p>		
<p>Head Coverings – No hoods or hats can be worn on your person in class or the halls. Please do not bring hats to school. No bandanas are allowed on campus.</p>		

Keep your phone in your pocket!! If we see your phone in the halls or classrooms, it will be taken away and brought to office.

WE ALL HAVE A JOB

Title 1 law requires that we have a school compact which is created by a school team (SIC), modified and approved by families (SCC) and communicated to our community multiple times in a year through different means. The compact describes the commitment made between the school and the families. Come to school and class on time and follow school and classroom expectations every day.

AS A STUDENT I WILL:

- Show how important school is to me by being responsible, respectful, safe and kind.
- Be a positive member of a school community by respecting my peers and the adults in the school.
- Practice reading and do any assigned homework.
- Use social media (Facebook, Instagram, texting, Snapchat, phones, etc.) to share positive messages, not to bully, threaten, gossip or plan activities that are bad for our community.
- Talk to my family about what I learn and do at school each day.
- Ask my teachers questions when I need help.

AS A PARENT/GUARDIAN OR FAMILY MEMBER I WILL:

- Make sure my student comes to school on time every day.
- Ask my student about what was learned at school every day.
- Make sure my student practices reading before TV or video games.
- Support the school's and district's expectation for student behavior.
- Check my student's grades on PowerSchool as often as I can.
- Make every effort to attend family conferences and other social events.
- Monitor the way my student uses technology (texting, Facebook, Instagram, Snapchat, etc.).
- Talk to someone at the school if I have questions, concerns, frustrations or compliments.

AS A TEACHER I WILL:

- Teach the Utah State Core Curriculum using a variety of strategies to motivate and support all students.
- Do all that can to understand the strengths and needs of each student, particularly those who are learning English as an additional language, have an Individual Educational Plan (IEP), or a 504.
- Participate in Professional Learning Communities where teachers, administrators and coaches work together to monitor student learning and decide ways to improve instruction.
- Reinforce expectation with compassion and work with students to create successful areas they can do better. One way to do that will be updating grades in PowerSchool weekly and sending home postcards.
- Be available before and after school to visit with families in person or on the phone.
- Work with teachers, administrators, counselors and families to problem solve concerns about a student.
- Participate in shared decision making in a way that makes student learning and progress the focus.

AS AN ADMINISTRATOR TEAM I WILL:

- Ensure students are in classes to support their needs and their strengths. For example, student learning English as a new language will be in English Language Development (ELD). Students needing extra support in math will receive math interventions. Students who have an IEP will have classes that support their individualized needs. Students who have academic talents or accelerated learning strengths will be in ELP. Students showing determination may be in AVID and to develop academic skills.
- Monitor and support teachers so that students have successful experiences in all classrooms.
- Do everything we can to create a safe place for students to come and learn. We will respond to academic and behavior concerns quickly and share critical information with parents as appropriate.
- Communicate with parents on how school works and how we make sure students are learning. A thorough explanation of this bill will be given at Back to School Night, family student conferences. Interpretation and translation services will be provided where practical.
- Most importantly, work with families and community members so Glendale gets better every year.